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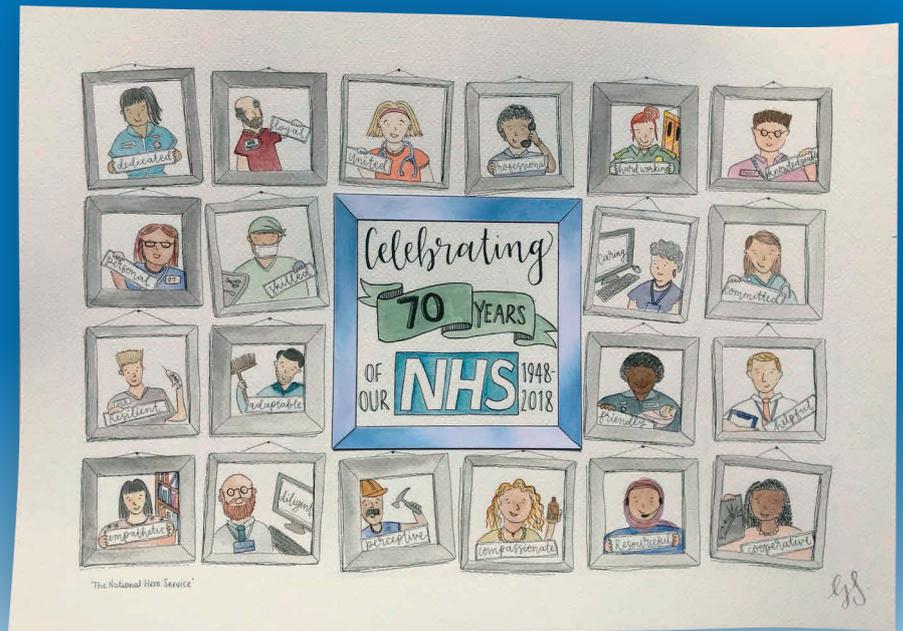


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Winning design



Congratulations to our training facilitator Grace Scott who created the winning design for the NHS 70th birthday celebrations. Grace picked up her prize at the Hull and East Yorkshire NHS70 event on 5 July.

She said: "When I saw the NHS 70 competition advertised, it seemed like the perfect opportunity for me to combine two passions of mine – the NHS and all things creative! I wanted to create something to depict the true heroes of our NHS and all the hard work



they put in to caring for people. I am surprised but thrilled to have won!"

"When I saw the NHS 70 competition advertised, it seemed like the perfect opportunity for me to combine two passions of mine – the NHS and all things creative!"



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Henrietta on tour round up

Last year Haxby Group Hull celebrated being part of UK City of Culture. Hull was chosen to be UK City of Culture in 2017 as part of a long term plan to regenerate the city. The project aimed to raise aspiration and skills within the city.

Haxby Group Hull staff got involved with a number of activities, taking along our Haxby Group mascot, Henrietta the Haxby Hedgehog. She was photographed throughout the year at as many events as possible. Here is her year in photos to mark a very eventful year.

UK City of Culture status brought Hull into the national spotlight and increased visitors to the City. We attracted unprecedented media coverage and thousands of residents got involved.

Some key results include:

- Attracted a total audience of **5.3 million** attending over **2,800** events
- Over half of the audiences were from Hull with nearly all residents (**over 95%**) attending at least one cultural activity
- **3 in 4** residents are proud to live in Hull
- Over **20,200** pieces of media
- Nearly **800** new jobs have been created in the visitor economy and cultural sector since 2013, a direct result of investments totalling **£219.5m** in the cultural and visitor economy.



Shaun does it again for charity!



Our Primary Care Practitioner Shaun Knott is back from his amazing fundraising challenge, having cycled from London to Paris to raise money for the Juvenile Diabetes Research Fund (JDRF).

He told us: "Well folks, I did it! For those who donated, thank you very much from the bottom of my peddles. It now seems worthwhile and your support has been fantastic. The fundraising page is still open should you now decide it's worth a few quid to donate!"

Shaun is organising a host of other fundraising events too - a cake bake, a Saturday morning boot camp and a 5-a-side football tournament. To donate, please go to: <https://www.justgiving.com/fundraising/shaun-knott59>

Stay well campaign

People who are feeling unwell are being urged to use pharmacies when they require help with minor illnesses or ailments. Stay Well Pharmacy is a new campaign from NHS England which encourages people, especially parents and carers of children, to visit their local pharmacy first for clinical advice for minor health concerns. <https://www.nhs.uk/staywell>

**STAY WELL
THIS WINTER**

Spreading best practice



Haxby Group is proud to be presenting at this year's Best Practice 2018 Conference in Birmingham in October.

This year Best Practice is focusing on how general practice is evolving for the future and the key challenges which it faces. Haxby Group has been asked to speak about its innovative future workforce initiatives. We have been recognised for introducing new roles such as our Primary Care Practitioners and Clinical Pharmacists, into general practice. These new roles and our new access models, are

helping to free up our GPs to see patients with complex health issues.

At the conference we will be speaking to other healthcare professionals about our work here in York and Hull, helping other GPs to better cope with future pressures.

Also on the conference agenda will be how general practice is evolving in the new NHS landscape, the development of GP networks, the continued expansion of the NAPS's Primary Care Home model and improving access and capacity in general practice.

Practice managers, business managers, managing partners and GPs will find new ideas for boosting practice profitability and resilience and working more effectively at scale.

New starters and leavers

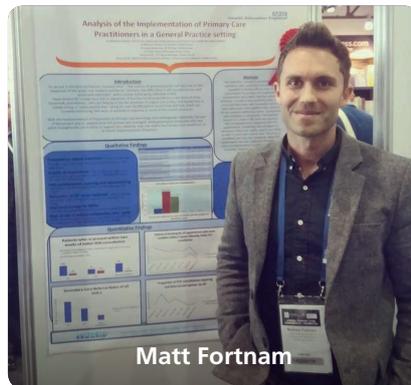
A big hello to our new doctors who joined our clinical team at Haxby Group Hull

Meet Dr Mathew Fortnam our new GP who joined us on 14 August. Matthew spent a year at Haxby Group as a GP trainee and leadership fellow in 2016 and promised to return to the practice. He described his time with Haxby Group as the most valuable time of his career and we look forward to having him back with our teams again.

Dr Anna Hepworth joined us in July

Dr Laura Balouch is back with us after taking time off to have her little boy. Welcome back Laura!

Also on the baby news – Dr Catherine Mace, who is currently on



Matt Fortnam



Laura Balouch

maternity leave, has sent the news that a baby boy has arrived and everyone is doing well. Congratulations to Catherine and family.

Welcome also to Samara

Philip our new Nurse Practitioner who joined us in June

Congratulations to Sara Butler who is now our Deputy Nurse Manager at Haxby Group Hull.

You said, we acted

Patients told us they were unhappy with the system of making an urgent, same day appointment at Burnbrae Surgery. The system, which released appointments at 8am and again at 1pm has been in place at Burnbrae Surgery for a number of years.

Following this feedback we have changed the system and from the 1st September you can contact us from 8am each day for an urgent same day appointment.

There will be no additional same day appointments released at 1pm.

Burnbrae Surgery contact number: 01482 888800

Patients requiring an appointment at Burnbrae surgery have the following options:

- Pre-book online or by phone up to four weeks in advance
- Use e consultation via the practice website - we will contact you within 48 hours
- For urgent same day appointments, contact us direct from 8am.



Get online

Need an appointment? Don't forget you can use our online booking service and our e-consultation service. Go to www.haxbygroup.co.uk for more information.

Online consultation

We have now updated our online consultation service to make it more user-friendly for our patients. To get non urgent healthcare just visit: <https://www.haxbygroup.co.uk/hull/>



General Practice Nursing awards

Haxby Group nurses picked up two awards at this year's General Practice Nursing awards. The event, organised by NHS England, recognises the skills, expertise and dedication of practice nurses across the area.

Deputy Director of Nursing for Yorkshire and the Humber, Wendy Barker, said: "By celebrating the achievements of these individuals we can shine a light on just some of the fabulous people involved in practice nursing in the NHS."

Well done to all our nurses who won the Practice Nurse Leadership Award. And congratulations to Sarah Butler who was won first prize in the Inspirational General Practice Nurse category.



"By celebrating the achievements of these individuals we can shine a light on just some of the fabulous people involved in practice nursing in the NHS."

Online booking

Please register to use the online service. Find our more www.haxbygroup.co.uk/get-online/

Here you can:

- Make an appointment
- Cancel and rearrange an appointment
- Order repeat prescriptions
- View your medical history
- Get non urgent health advice by contacting us online using our e-consultation service



Did you know?

Don't forget to cancel your appointment if you don't need it anymore or can't make it to the surgery. On average 185 patients each month in Hull do not turn up for their GP appointments, this equates to hours wasted which could be used by other patients needing an appointment.

You can cancel your appointment:

- Online – using [systmonline](#). Register at your surgery.
- By telephone to our central contact centre on 014852 303963
- You cannot respond to text reminder to cancel your appointment, you have to contact the practice via the phone or cancel directly online



Essential Information

Haxby Health is produced by Haxby Group for the people of Hull.

Haxby Group Hull serves around 17,000 patients in Hull with surgeries on three sites:

- Kingswood
- Orchard Park
- Burnbrae

Haxby Group is wholly owned and operated by the partners of Haxby Group Practice, a GP practice based in York.

For more information visit www.haxbygroup.co.uk or call **01482 303963**

Follow us on Twitter @HaxbyGroup or have a look at our Facebook page under 'Haxby Group'.



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